THE BURGERS

BEEF*

8 oz all natural, grass fed, 100% free range Estancia Beef. High in Omega 3s, plus vitamins A and E. No hormones, no antibiotics

CHICKEN

All white ground chicken seasoned with fresh shallots, Italian parsley, sea salt and fresh black pepper

SALMON

Fresh Pacific salmon chopped and lightly seasoned with sea salt and ground pink pepper

TURKEY

Free range all white turkey breast, ground and seasoned with fresh carrots, onions, parsley and spices

VEGGIE

Panko crusted portabella mushroom, marinated in balsamic vinegar, shallots and olive oil

 $\begin{tabular}{ll} B 3 \& G \\ $Choose from Estancia beef*, free range turkey, \end{tabular}$ all white chicken, salmon or veggie burger, served with American cheese 9.95

GREEK Served in pita bread with Greek salad and cucumber yogurt dressing 10.95

CHILI

Mounded with beef chili, cheddar cheese sauce and chopped white onion

CUBAN

Roast pork, shaved ham, pickles, Swiss cheese and mustard 11.50

PHILLY CHEESE STEAK

Estancia burger* topped with shaved rib-eye steak, sweet peppers & onions and provolone cheese 12.50

CHICKEN & BRIE Fresh ground chicken with

herbed Brie and white balsamic onion marmalade 10.95

BACON & CHEESE Crisp applewood smoked bacon and American cheese 11.95

BLACK & BLEU
Dusted with blackening spices and topped with French Roquefort cheese 11.95

ENGLISH PUB*

French fries, white cheddar and a fried egg 10.95

THE COWBOY

Applewood smoked bacon, barbecue sauce, crisp onions and pepper jack cheese 12.95

ASIAN SALMON

Pacific salmon, maple soy glaze, ginger, pickled bean sprouts and crispy leeks 11.95

SOUTHWESTERN

Jalapeño bacon, fresh guacamole, Cotija cheese and crisp tortilla strips 12.50

CHICKEN BLTA

Fresh ground chicken with applewood smoked bacon, lettuce, tomato and guacamole 11.50

ITALIAN

Fresh mozzarella, tomatoes bruschetta, baby arugula and Parmesan crisp 10.50

MUSHROOM & SWISS Swiss cheese, sautéed shiitake

and cremini mushrooms 11.95

CAJUN SALMON

Creole rémoulade and popcorn rock shrimp 12.50

SMOKEHOUSE

Shaved brisket, chipotle BBQ sauce and grilled pineapple coleslaw 11.50

ZUMANITY BURGER
All white turkey, jalapeño
stuffing, cranberry and orange compote 1095

BELLA BURGER

Panko crusted portabella mushroom, artichoke & tomato relish and guacamole 10.50

B3&G 3

B3&G BURGER* SERVED WITH FRESH HAND CUT FRIES AND A FOUNTAIN DRINK OR ICED TEA 14.95

ADD TO ANY BURGER

IMPORTED CHEESE

Brie...soft & savory with delicate aroma Porter Cheddar...full-flavored and tangy Cotija...creamy and moist Fontina...creamy and intense Smoked Gouda...mild, nutlike flavor Stilton...rich and mellow Swiss...nutty with a sweet, mellow flavor

VEGETABLES

Crisp Onions Guacamole Pickled Jalapeños Bruschetta Tomatoes Sautéed Mushrooms Sweet Peppers & Onions 1.50

MEATS

Applewood Smoked Bacon Beef Chili Black Forest Ham Jalapeño Bacon Roast Pork Shaved Ribeye 2.

FRIES & RINGS

ERESH HAND CUT FRIES 2.95

JAIAPFÑO GARLIC FRIES 3.50

CHILL CHEESE FRIES

4.50

BUTTERMILK ONION RINGS

3.95

LOADED FRIES

Jalapeño bacon, white chedd chives and sour cream

4.50

SALADS

SMALL

HOUSE SALAD

A fresh mix of mesclun greens, carrots, hothouse cucumbers, tomato, red onion and sherry vinaigrette 5.95

CAESAR SALAD

Crisp romaine, shaved Parmesan, garlic croutons and a classic Caesar dressing 5.95

AHI STEAK SALAD

Blackened Ahi tuna, fresh mixed greens, jalapeño bacon, roasted red peppers, wasabi vinaigrette and sweet soy mustard 13.95

LARGE

SMOKED CHICKEN SALAD

Goat cheese and candied walnuts atop arugula drizzled with pomegranate vinaigrette 13.50

GRECIAN SALAD

Chopped tomatoes, cucumber, red onion, kalamata olives and feta cheese crumble in a light herb vinaigrette 10.50

Add beef patty, salmon patty, or smoked chicken to any salad